

"Inherit a Blessing" Psalm 34:8-22 ◆ Pastor Jim Lennon July 13, 2025

Introduction – We've been looking at "Blessed is the one" statements in the Bible that promise a little taste of heaven if we heed the description that follows. Today we will look at an invitation from King David to take refuge in the Lord.

I. The Blessing Explained.

- A. Consider the context of Psalm 34.
 - 1. David is on the run from King Saul who is trying to kill him.
 - 2. He hides among the Philistines until Achish, king of Gath wants to kill him.
 - 3. Psalm 34 is David's thankful song blessing the Lord for saving his life.
- B. David invites others to join him in blessing the Lord and in sharing in the Lord's blessing of taking refuge in the Lord.
- C. What does it mean to take refuge in the Lord?

II. The Blessing Experienced.

- A. This blessing begins by believing four things about the Lord.
 - 1. You can –
 - 2. He can –
 - 3. He is –
 - 4. He is -

- B. The blessing is received when we place our life in the Lord's hands.
- C. When you experience God's rescue like David, you will bless the Lord and taste a little bit of heaven. (34:8)
- D. The invitation to this blessing is repeated a number of times in the Scripture.
 - 1.Ruth 2:12 2.II Samuel 22:3 3.II Samuel 22:31,33 4.Proverbs 18:10 5.Psalm 2:12 6.Psalm 57:1 7.Psalm 59:16 8.Psalm 146:5-6 9.Hebrews 6:18

II. The Blessing Expanded.

Lessons about taking refuge in the Lord.

- 1. Resign ...
- 2. Recommit ...
- 3. Remain ...
- 4. Remember three things ...
 - a. No one can ...
 - b. God will ...
 - c, Jesus is ...

Conclusion.