



“A Father’s Heart”

Mark 10:1-31 ♦ Pastor Jim Lennon

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Introduction - *We spend a lot of time and effort making sure our physical heart is in good condition. We also need to pay attention to our spiritual heart.*

I. The Condition of Our Heart is a Priority.

- A. Our heart represents who we are. The kind of person we have become.

- B. The Scripture urges us to guard our heart because it affects everything in our life.
(Proverbs 4:23)

II. Our Heart Affects Three Key Relationships.

- A. The condition of our heart will affect our marriage. *(Mark 10:1-9)*

- B. What are the signs that you may have heart disease? Take this EKG:
 - 1. *(Proverbs 18:12)*
 - 2. *(Luke 6:45)*
 - 3. *(Jeremiah 17:5) (Hebrews 3:12)*
 - 4. *(James 3:14)*
 - 5. *(Psalm 66:18)*
 - 6. *(Deuteronomy 15:7)*

C. The condition of our heart will also affect our children. *(Mark 10:13-16)*

D. The condition of our heart will also affect our relationship with Christ.
(Mark 10:17-31)

III. Cultivate a Healthy Heart.

- A. Only God can purify and transform our heart.

- B. But we can make healthy heart choices.
 - 1. Keep our heart clean through confession.

 - 2. Keep our heart strong through prayer.

 - 3. Keep our heart soft through generosity and service.

 - 4. Keep our heart pure through:
 - a. Surrender to Christ.

 - b. A Commitment to internalize God’s Word.

Conclusion.

- Check your heart!