



## ***“A Full and Happy Life”***

Mark 1:32-39 ♦ Pastor Jim Lennon  
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***Introduction*** - *Jesus tells us that one reason He came was to give us an abundant life (Jn.10:10). It was not only His purpose for coming, but the example He lived out in His daily life. Mark shows us three priorities in Jesus’ life that made an abundant life for Him on earth a reality.*

### ***I. Serve Others.***

- A. Living according to the order of God’s Kingdom is counterintuitive.
- B. Serving others was the mission and passion of Jesus’ ministry, and a classic example of living by God’s Kingdom values.
- C. Serving others was a repeated theme in Jesus’ teaching.
- D. Scripture is also clear that a self-focused life does not lead to an abundant life.
- E. Serving others is a mark of someone who is following Jesus.

### ***II. Spend Time With Our Heavenly Father.***

- A. Jesus’ response to busyness is different from ours.
- B. Jesus spent time in prayer.
- C. We learn two important things about prayer from Jesus.
  - 1. Prayer must be our supreme priority.
  - 2. Prayer is relational. It is our connection to the Father.

### ***III. Receive God’s Word.***

- A. The people wanted Jesus to stay.
- B. But Jesus had another priority and work of healing to do through ministering the Word of God.
- C. Jesus wants to meet the deep unseen needs of our heart and soul through the Word of God.
- D. The main application of Jesus’ preaching ministry is the call to repent and believe.

***Conclusion –***