



“Taking Refuge in the LORD – Part 2”

Psalm 3:1-8 ♦ Pastor Jim Lennon

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Introduction - Psalm two invites us to enjoy the Lord’s blessing by taking refuge in Him. Psalm three shows us how to do that.

I. The Two Types of Fear.

- A. David describes two levels of fear.
 - 1. Physical fear (v.1).
 - An army is after him.
 - 2. Psychological/Spiritual fear (anxiety) (v.2).
 - His enemies are taunting him.
- B. Last time we looked at the first two things David did to conquer his fear.
 - 1. He prayed to the Lord.
 - 2. He surrendered to the LORD as his shield.
- C. Today we’ll look at three more things David did to conquer his fear and enjoy the LORD’s peace.

II. Relocate Our Glory.

- A. Our “glory” is what we look to give our life significance and worth. It is our core identity and sense of self.
- B. Fear tells us that our glory is in the wrong place.

C. David “relocates” his glory in the LORD, which gives him the security he lacked.

D. The LORD is “the lifter of his head.”

III. Meet the LORD on the Mountain.

- A. God’s holy mountain was the place of sacrifice.
- B. Most likely, David was thinking of what happened to Abraham in Genesis 15.
- C. The LORD made a promise to Abraham.

IV. Focus on Helping Others.

A. It’s not enough that God has given David inner peace.

B. David prays for God’s Justice.

C. Fear is conquered by love.

Conclusion