



## ***“Taking Refuge in the LORD – Part I”***

Psalm 3:1-8 ♦ Pastor Jim Lennon

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***Introduction*** - *The first two Psalms introduce us not only to the Psalms, but also how we may enjoy God’s blessing. Psalm two invites us to enjoy the Lord’s blessing by taking refuge in Him. Psalm three shows us how to do that.*

### ***I. The Problem of Fear and Anxiety.***

A. We begin life with fear.

B. David has good reason to be afraid.

C. David describes two levels of fear.

1. Physical fear (v.1).

- An army is after him.

2. Psychological/Spiritual fear (anxiety) (v.2).

- His enemies are taunting him.

### ***II. Praying Through Our Fear..***

A. David begins praying to the LORD about his fear.

B. David surrenders control of his situation to the LORD.

C. The LORD is a shield around him.

### ***Conclusion***