



“Heavenly Delight”

Psalm 1:1-2 ♦ Pastor Jim Lennon
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Introduction - The Psalms are compositions of songs and prayers of God’s people used by individuals and the congregation to guide them in worshiping the Lord. Psalm 1 is an introduction to the Psalms and prepares us for how we may experience the LORD’s blessing in our life.

I. The Promise of God’s Blessing.

- A. A main theme in the Psalms – is learning to walk in paths of righteousness, and not paths of wickedness, in order to enjoy the LORD’s blessings in life.
- B. Psalm 1 introduces us to the concept of the LORD’s “blessing,” which means:
- C. Experiencing the LORD’s blessing is dependent on who or what we are listening to and assimilating into our life.
- D. Who we listen to will determine our path.
- E. Listening to the wicked leads to sinful paths and eventually to outright disdain for God and His Word “scoffer.” (v.1)
- F. In contrast, “but” - (v.2), listening to the Word of God leads to the path of blessing.

II. Delighting in the Law of the LORD.

- A. Delighting and meditating describes our relationship to God’s word.
- B. The Hebrew word “delight” (haphatz), has a wide range of meaning, and here it means doing something we take pleasure in, that makes us happy, and that we look forward to doing.
- C. We can delight in many things.
- D. Are we delighting in the Law of the LORD? What am I delighting in?
- E. Delighting in the Law of the LORD opens the door to enjoy many of God’s blessings:
 - 1.
 - 2.
 - 3.
 - 4.
- F. Psalm 1 presents us with a puzzle. Why does the Psalmist refer to God’s Word as the Law of the LORD?
- G. Unless we accept the Law of the LORD, we will never learn to delight it in or enjoy its blessings.
- H. Follow Jesus.

Conclusion